

BELIEVE

The Friends of Ripley St. Thomas Newsletter March 2017



SUPPER RUN - THURSDAY 27 April

We are giving you advanced notice because it's that time of year again, so get your running shoes out and join us for our annual Supper Run. This is an event for couch potatoes and keep-fit fanatics alike! The run is 4 miles long and open to young and old (and all those in between). All who finish will receive a medal and a supper. If you are interested in participating you can get your entry form from the top of the Form Tutor rack, Lodge Reception or download it from The Friends' website. If you are entering via school you do not need to enclose a stamped addressed envelope. To ensure you get a supper please return your entry form and entry fee to the Friends' box in the dining room by close of school on Tuesday 25 April. We cannot accept any entries via school after that date. You will be able to register on the night but there is no guarantee of supper and it will cost you £2 extra.

There is the usual **Inter-Form Trophy** which will be awarded to the form with the lowest total running time. Last year 10Walsh won - can your form beat them? This is how it works:

- To enter for this trophy you need a team of at least four people from your form, but the more people you have in your team the more chance you have of winning!
- The running time of the four fastest runners in the team will be added together.
- Five minutes will be taken off the total of the four fastest runners for every other member of the form-team to complete the run.

Example: there are eleven runners in Team A. The times of the four fastest runners is added together and it comes to a total of 2 hours. The other seven members of the team also complete the run so five minutes for each of these runners is taken from the 2 hours. $7 \times 5 \text{ minutes} = 35 \text{ minutes}$
 $2 \text{ hours} - 35 \text{ minutes} = 1 \text{ hour } 25 \text{ minutes}$

There are five runners in Team B. The four fastest runners also have a total time of 2 hours. There is only one other runner in this team. If s/he completes the run the total for Team B is 2 hours - 5 minutes = 1 hour 55 minutes.

Team A with a total of 1 hour 25 minutes beats Team B with 1 hour 55 minutes.

Remember:

- the lowest total team time wins - the more team members you have, the more chance you have of winning!

We usually have over 300 runners and to keep them safe around the course we need marshals. If you can spare a couple of hours to help please complete the slip below and post it in The Friends' box in the main school dining room. We will even give you a ride in the minibus, a fluorescent jacket to wear and supper!

I/We can help with the Supper Run.

Parent of Form

Contact no.....

This year as well as the Friends' fastest student and form trophies, we have lots of other prizes::

Various Spot Prizes

1st Parent / Teacher / Student

1st three males/females to finish

Make up a team of 4, the 3 fastest times will be added together — all will receive a trophy and prize

Enter the STRAVA CHALLENGE segment through Haverbreaks

THERE IS SOMETHING FOR EVERYONE

Come along — run for your supper — bring your friends and family to join you in the race or just for support — register early via school, it will save you a stamp.

The **Taize service** will take place at 7pm in the Chapel on **Wednesday 29 March**. This is a very different type of service, so leave the stresses of life outside and come and join us. Homemade refreshments will be served afterwards. Free tickets are available now. Parents/guardians can collect them from the Lodge Reception, your children can get them for you from main school reception.

It may seem a long time off but on **Wednesday 14 June** we will be holding our annual Eucharist Service with a **Strawberry Supper**. Imagine sitting in the quad on a warm summer evening eating homemade scones with strawberries and cream, washed down with a glass of something chilled.

Raffle Tickets

All pupils in years 7–11 have been given a book of 5 Raffle tickets, which are £1 each. We hope you will be able to sell these for your children as it is now our biggest fundraiser. This is replacing our annual September Raffle and all money will go into our general fund. We have lots of prizes, some generously donated by yourselves. First prize is £100, there are vouchers for Next/Beauty/Meals/½Lamb/Chocolates/Bottles etc. If you need extra or replacement tickets due to them being lost/misplaced please ask at Reception. Sixth form students have a daily opportunity to buy tickets so please encourage them.

The Raffle will be drawn on **Monday 27 March** just in time for Easter.

Forthcoming events:

Thursday 27 April Fun Run

Wednesday 17 May Friends' Meeting—7pm in MA8

Wednesday 14 June Strawberry Supper 7pm Chapel (Tickets free and available from main school and Lodge Receptions from Thursday 1 June).